

# BSDC Symptom Screening & Sick Policy

Students should not attend in person dance classes when they are sick. We will rely on home symptom screenings by parents, guardians or caregivers in order to ensure a safe environment for everyone. It is essential that students stay home when sick and continue to do so until the requirements for a safe return are met. This will help prevent the transmission of SARS-CoV-2 (and other illnesses including [flu](#)) and help keep Barclay Shelton open.

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## Daily Home Symptom Screening for Students

Parents: Please screen your dancers before leaving for class.

**Students must stay home when a YES is answered to any of the following questions:**

- Temperature 100.4 degrees Fahrenheit or higher?
- Sore throat that you can't connect to another health problem?
- Congestion or a runny nose not related to seasonal allergies?
- A new loss of taste or smell?
- New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)?
- Diarrhea, vomiting, or abdominal pain?
- New onset of severe headache, especially with a fever?
- Muscle aches or body aches that you cannot connect to another health problem or to an activity such as physical exercise?
- Had close contact (within 6 feet of an infected person for at least 15 minutes) with a person with confirmed COVID-19?
- Has been isolating or quarantining because they may have been exposed to a person with COVID-19 or are worried that they may be sick with COVID-19?
- Currently waiting on the results of a COVID-19 test?

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## COVID-19 Policies in Place

- **If a student tests positive for COVID-19 please notify Barclay Shelton Dance Centre:** [barclayshelton@gmail.com](mailto:barclayshelton@gmail.com) or 425-776-8111.
- BSDC will follow the guidelines set forth by Snohomish County Health District regarding exposure guidelines and returning to class after an illness, viewable in this flow chart:
  - **Snohomish County COVID-19 Return to Work/School Flow Chart**

(The above linked document can be found at [www.snohd.org/533/COVID-19-Info-for-Schools-and-Child-Care](http://www.snohd.org/533/COVID-19-Info-for-Schools-and-Child-Care))

- **Studio Closure due to COVID-19 cases:** If a student or faculty/staff member is diagnosed or exposure is confirmed, the studio may temporarily close for deep cleaning and disinfecting. Guidance will be taken from the Washington State DOH and the CDC.